

# Eastlands Primary School

January 2024 Bulletin 1—SEND & Inclusion

As Eastlands Primary School Special Needs and Disability Co-ordinator (SENDCo), I am here to offer support and advice regarding additional needs or SEND support for your child. I work with the teachers and teaching assistants in school to plan interventions and ensure that the individual needs of children are met. This includes both academic and social & emotional needs. You can find more information about how this process works by reading our SEN Information report, which can be found at: <https://www.eastlandsprimaryschool.co.uk/downloadfile/13193270>

If you have any concerns or need support, please contact the school office to make an appointment or email me at: [senco2415@welearn365.com](mailto:senco2415@welearn365.com)  
It is always a good idea to speak to your child's class teacher in the first instance as they have a greater in depth knowledge of your child's learning. Many thanks, Miss Guy

## Eastlands Inclusion Team

At Eastlands we pride ourselves in putting the mental well-being of our children at the heart of what we do; in these unprecedented times this is more important than ever.

The inclusion Team meet fortnightly to discuss the individual needs of individual children or groups of children who may need extra support.

The team consist of:

Mrs Edwards ~ Headteacher—  
Designated Safeguarding Lead (DSL)

Miss Guy ~ SENDCo

Miss Huggins ~ Pastoral Lead, which includes pastoral & family support (also a DSL)

## Our Family Support & SEND partnerships

As a school, we regularly communicate, collaborate and subscribe to a range of outside agencies. These include:

**Specialist Teaching Service** ~ Samantha York is our specialist teacher from the service and she works at Eastlands for an afternoon a fortnight with teachers and children in school to assess children's needs and offer specialist advice.

**Mosaic Educational Psychology service** ~ we have bought into this service and Kathryn Livsey is currently supporting and working with individual children and their families.

**Speech and Language** therapists ~ Nicola Shegog is the speech therapist who works with a number of children, their teachers and families.

The **School Nurse Service** through Compass. This service provides a range of support for children and their families. (See next page for more information). Their newsletters can be found on the school website.

We also can access a range of voluntary organisations through an Early Help Officer when an Early Help is in operation.

**E**mpowering &  
**P**reparing for  
**S**uccess in a changing world.



Head Teacher Mrs S. Edwards

# Eastlands Primary School

**Do you know where you can go for extra information and support?**



See our school website: Click on the **More** tab, then **Parents and Carers**, then **Support for families**

Here you will find a whole range of information and sources of support for children and the whole family. There is information about the School Nurse Service and Warwickshire Psychology Service offer direct support to parents and carers. There is also signposting to support for issues such as domestic violence, anxiety and bereavement.

Warwickshire's '**Local Offer**' provides all kinds of information to families of children with special educational needs and disabilities. It enables you to make informed choices about the support you receive. It is designed to make sure that all the information you need is all in one place. Find out more by visiting their website at <https://www.warwickshire.gov.uk/send>

## Emotional and mental health

Lots of children and young people may struggle with their mental health at some point. It's important to know that you're not alone, it's OK to tell someone how you are feeling, and there are lots of people around to support you. Here are some links for support and advice if you are struggling with emotions, anxiety or low mood:



### For children and young people

[youngminds.org.uk](http://youngminds.org.uk) - mental health advice and support.

[cwrise.com](http://cwrise.com) - local mental health services - contact details and resources.

[childline.org.uk/info-advice](http://childline.org.uk/info-advice) - advice on lots of topics relating to wellbeing, and details of how you can contact Childline.

### For parents/carers

[cutt.ly/gov-uk-covid-supporting-cyp-mental-health](https://cutt.ly/gov-uk-covid-supporting-cyp-mental-health)

[cwrise.com/advice-for-parents-covid-19](http://cwrise.com/advice-for-parents-covid-19)  
[youngminds.org.uk/find-help/for-parents](http://youngminds.org.uk/find-help/for-parents)

[nhs.uk/oneyou/every-mind-matters/childrens-mental-health](http://nhs.uk/oneyou/every-mind-matters/childrens-mental-health)



For urgent support with mental health for children and young people, please call the RISE Crises team on: 02476 641 799 (8am and 8pm) or 0300 200 0011 (overnight)

**Safeguarding is Everybody's Responsibility**

Eastlands Primary School

Lansdowne Place, Rugby CV21 3RY Tel: 01788 575328

**E**mpowering &  
**P**reparing for  
**S**uccess in a changing world.



Head Teacher Mrs S. Edwards

# Eastlands Primary School

## Pastoral Support

At Eastlands, the wellbeing of our pupils, parents and carers is important to us. Life can be complex, varied and challenging at times, and sometimes you need someone or somewhere to turn for some extra support or advice.

As well as our Well-Being Team, available within school, we have built relationships with organisations and charities within our local area to ensure that whatever the need, there is someone who can help.

Below are links to websites you might find useful.

If you would like support to access any of these services, please don't hesitate to get in touch with Miss Huggins, or any other staff member you feel comfortable with.

### Family Information Service

- <https://www.warwickshire.gov.uk/fis>

Warwickshire FIS @WarksFIS - Oct 16  
MoodMaster is an online course that takes an upbeat approach to physical and emotional well being, starting on Tuesday 3rd Nov  
For more info  
lousie.corbett@springfieldmind.org.uk  
01789 298615

NEW  
MoodMaster  
Is life losing its sparkle?  
MoodMaster is an upbeat approach to physical and emotional well being.  
Are you ... Depressed ... Anxious ... Irritable ... Angry? Do you have trouble sleeping, have difficulty concentrating, problems in controlling your emotions, or is life just losing its sparkle?

### SENDIAS kids

<https://www.kids.org.uk/warwickshire-sendias-front-page>

### NSPCC

<https://www.nspcc.org.uk/>

### Young carers

<http://www.warwickshireyoungcarers.org.uk/>

### Coventry and Warwickshire Mind (CW Mind)

<https://cwmind.org.uk/>

### Mind Ed

<https://www.minded.org.uk/>

### Triple P Parenting Support

<https://www.warwickshire.gov.uk/parentingcourses>

**Safeguarding is Everybody's Responsibility**

Eastlands Primary School

Lansdowne Place, Rugby CV21 3RY Tel: 01788 575328

**E**mpowering &  
**P**reparing for  
**S**uccess in a changing world.

Head Teacher Mrs S. Edwards

# Eastlands Primary School

## Your school nurse team is here to help!

We know these times can be unsettling for children, young people and families. Our school nurse team is here to provide support with any concerns or questions about health and wellbeing: get in touch using the details below for free, confidential advice.

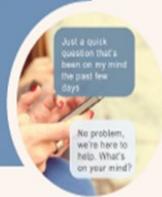
Parents/carers

Children/young people 11-19 years

Service mainline: 03300 245 204

Text ChatHealth: 07507 331 525

Text Parentline: 07520 619 376



[www.compass-uk.org/services/wshwbs](http://www.compass-uk.org/services/wshwbs)

# Warwickshire School Health and Wellbeing Service

Your school nurse led service is friendly, confidential and free for all school aged children (aged 5 – 19 years\*) and their families. We can offer you and your child support on a wide range of health related issues such as:



**Child Development**  
e.g. bedwetting, sleep, diet

**Relationships**

**Physical Health**

**Healthy Eating & Lifestyle Choices**

**Emotional & Mental Health**

**Bullying**

**Managing Medicines**

**Childhood Immunisations**

**Smoking**

**Alcohol & Drugs**

**Sexual Health**

If your child has a learning need, disability or long term health condition (e.g. epilepsy, asthma, diabetes, allergies) we can help you get the right care and support.

**Friendly**

**Helpful**

**Safe**

\*up to 25 years for young people with special educational needs or disabilities.

For more information about this service please contact the team on:

03300 245 204 or

[warwickshireSH&WBSservice@compass-uk.org](mailto:warwickshireSH&WBSservice@compass-uk.org)

**Compass**



**We all have the right to feel safe all the time.**

Eastlands Primary School Protective Behaviours Curriculum